



North

Yorkshire County Council

# Anti-Bullying

Nigel Ogley



North

Yorkshire County Council

**'Stop it! I don't like it!'**

visit our anti-bullying website

[www.northyorks.gov.uk/antibullying](http://www.northyorks.gov.uk/antibullying)



North

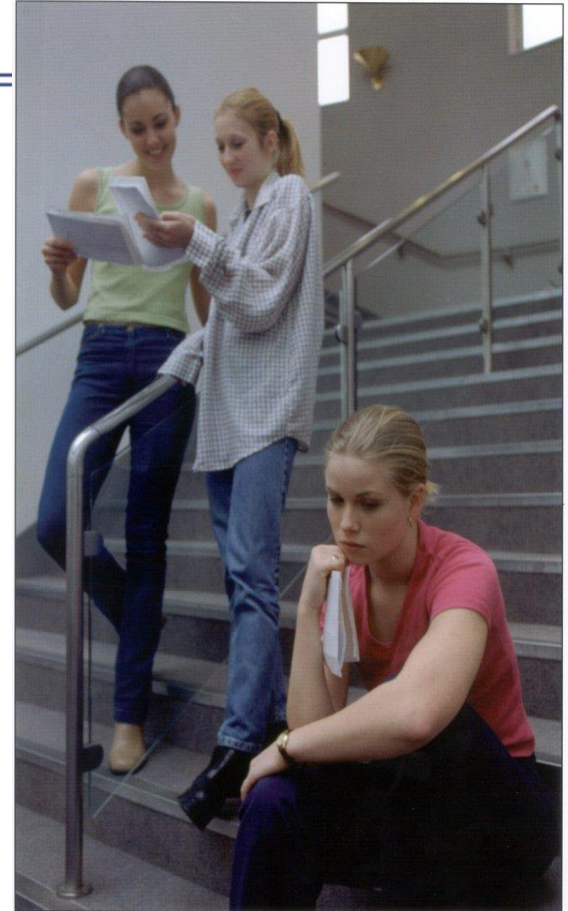
Yorkshire County Council

# WHAT IS BULLYING?

## Definition

**Any systematic physical or psychological intimidation by those in a position of power over those who are unable to defend themselves.**

**It implies a wilful, conscious desire to hurt, threaten, frighten or cause distress.**



© Bubbles Photo Library

# Research Suggests

- 1 in 4 children are involved
- Bullying takes place over extended periods
- Boys are bullied more than girls
- Most bullying occurs in school
- Boys physical – Girls verbal
- Bullying = poor supervision
- Complex causes
- Underachievers bullied
- Anxious children bullied
- Whole (holistic) approaches work.



**Anti-Bullying Week  
19-23 November 2007**

Bullying:  
See it.  
Get help.  
Stop it.



# Anti-Bullying Alliance

(Toolkit / Legislation)

[www.anti-bullyingalliance.org.uk](http://www.anti-bullyingalliance.org.uk)



North

Yorkshire County Council

# Legislation/ Inspection / Criteria



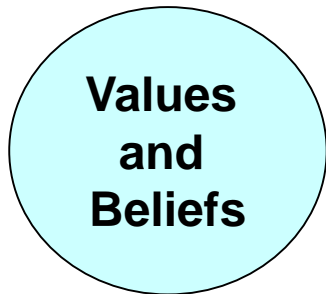
- **Every Child Matters**
- **Children's Act**
- **Education Acts**
- **Inspection**
- **National Strategies**
- **Children's Commissioner**
- **Guidance**



North

Yorkshire County Council

## Maslow's Hierarchy of Human Needs





# How To Reduce Bullying

- Whole school behaviour policy
- Responsibility of all
- Owned by all
- Good communication
- Evaluation/Outcomes
- Review if practice/policy
- Support bully & victim
- Make environment safe
- Act immediately








North

Yorkshire County Council

- **Teach SEAL**
  - **Raise awareness**
  - **Resolve problems**
  - **Break up groups**
  - **Use peer procedure to reduce**
  - **Discuss strategies**
- 
- **Ensure pupils know what to do when bullied**
  - **Tell all that bullying is not tolerated**
  - **Safety in numbers**
  - **Ask for help**

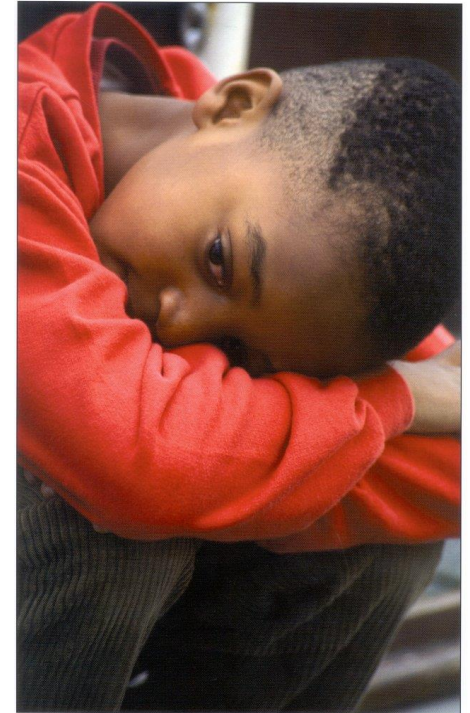


North

Yorkshire County Council

# Pupils Should

- Say no
- Tell adults /friends
- Try not to appear upset
- Appear confident (if not inside)
- If you decide to fight back talk to an adult first
- Practice what you may do
- If you are in danger get away
- Tell yourself “I don’t deserve to be bullied”.

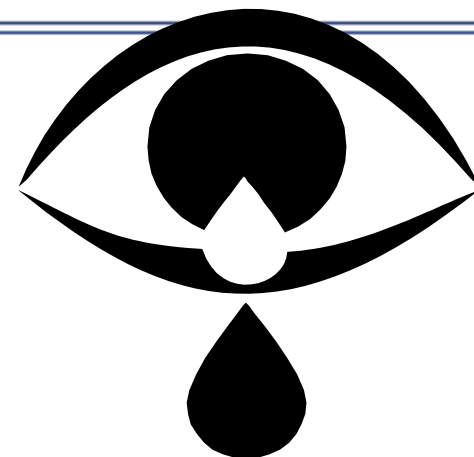


© 2004 Bubbles Photo Library



North

Yorkshire County Council



# Be Vigilant!

- Listen
- Watch
- Discuss
- Talk
- Teach
- Act, don't over-react



# CHIPS

(ChildLine in Partnerships)

- Training
- Listening Skills
- Conference
- **ChildLine / NSPCC**
- Dedicated E-mail





# Racist Bullying



North

Yorkshire County Council

# Homophobic Bullying



North

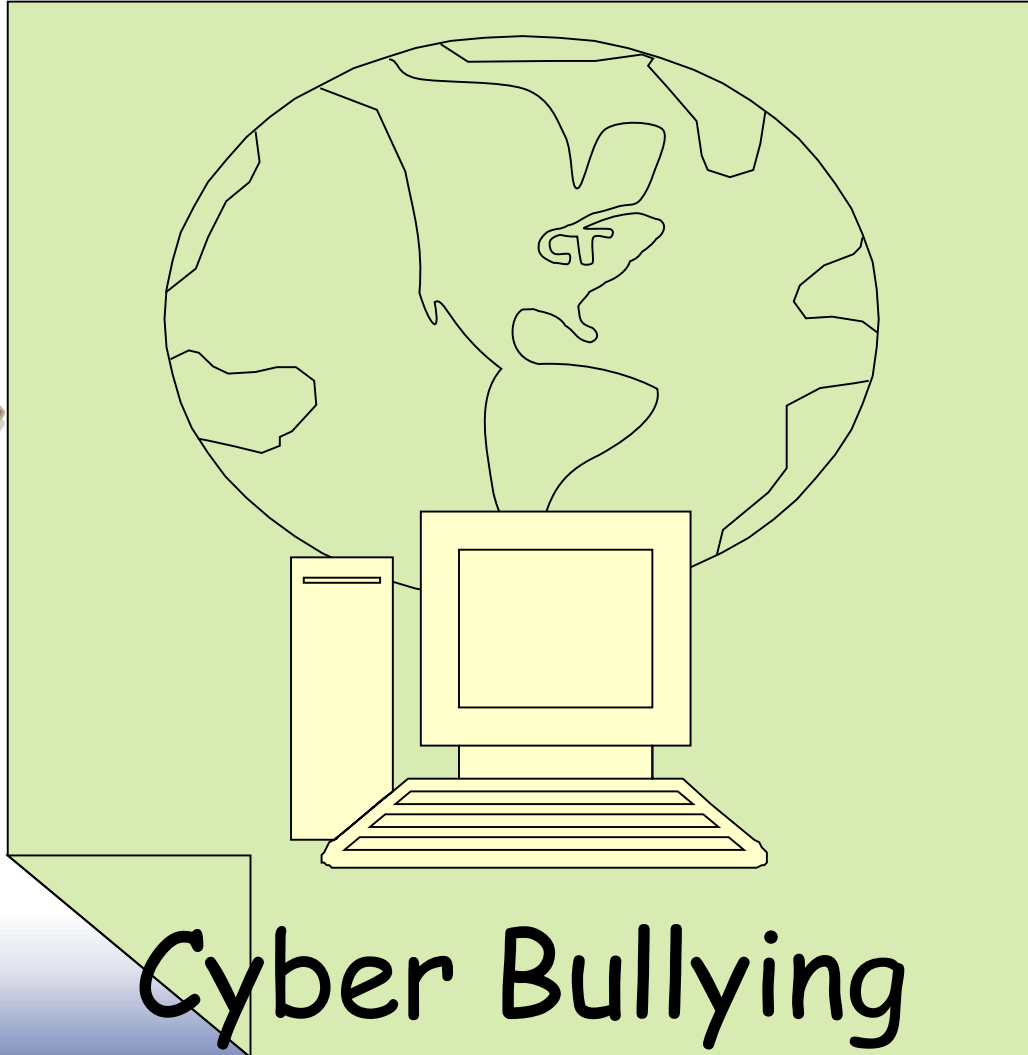
Yorkshire County Council

# **Bullying Relating to Disability and SEN**



North

Yorkshire County Council







North

Yorkshire County Council

# **Audit Issues and Meet Needs**

## NY IQM Standard 11f: Behaviour and attendance - Anti-Bullying

*School pro-actively addresses all issues related to behaviour and attendance.*

Key Self-evaluation Questions	Yes	In part	No	How do you know? <i>Evidence</i>
1. Do staff, parents/carers, governors and learners share a view of what bullying is and is it seen as "our" problem once identified?				SEF 6
2. Is bullying seen as occurring potentially between staff, staff and learners, staff and parents/carers as well as between learners?				SEF 6
3. Are racist, sexist, ageist, disablist and homophobic comments and behaviour seen as aspects of bullying?				SEF 6
4. Is there a clear policy statement about bullying that sets out in detail which behaviours are unacceptable?				SEF 6
5. Do learners/staff know who to turn to if they are being bullied, and is there a range of interventions to support all those involved in bullying incidents e.g. mediation, 'circle of friends'?				SEF 2b
6. School routinely monitors incidents of bullying, regularly analyses the data and uses this to evaluate policy and practice in school so that the number and frequency of incidents reduces.				SEF 2b



North

Yorkshire County Council

# *Stop it! I don't like it.*

You don't have to put up with bullying.

Let's work together to stop bullying in North Yorkshire. Visit our website at:

**[www.northyorks.gov.uk/antibullying](http://www.northyorks.gov.uk/antibullying)**

*(with email link to anti-bullying support)*



**[www.northyorks.gov.uk/antibullying](http://www.northyorks.gov.uk/antibullying)**